

GoSMART Dumfries Challenge



www.gosmartdumfries.org.uk

Individuals

Title: Mr Mrs Miss Ms

First name:

Surname:

Tel:

Email:

Age group: 16-24 25-34 35-44 45-54
 55-64 65-74 75+

Health: Good Fairly good Not good

Illness/Disability: Yes No

Employment status Employed Unemployed
 Retired Student
 Other

How many people live in your household?

How many cars are in your household?

How many bicycles are in your household?

Address

Name / Number

Address 1

Address 2

Address 3

Postcode

Tick here to join our GoSMART Travel Club, to receive your regular updates on GoSMART and sustainable travel choices.

Tick the boxes below if you would only like to find out information about specific travel modes

Bike Bus Walk Share

How to set yourself a GoSmart challenge:

- 1 Choose whether you would like to set yourself a challenge to GoBike, GoBus, GoWalk or GoShare.
- 2 Think about how you travel at the moment, could you make any changes to your every travel, or your leisure trips?
- 3 Specify when you would like to complete your challenge, the next week, or the next month?
- 4 Write your challenge on the sheet and post the sheet back to us at: GoSmart Dumfries Advice Team, Freepost, Militia House, English Street, Dumfries, DG1 2HR.

Here are examples of challenges that have been chosen by local people:

Emma will walk to work once a week.

Michael will try out a Bike2Go Bike.

Susan will use the bus to go shopping in the town centre

Good Luck with your GoSmart challenge!



Choose the type of challenge you want to undertake:

Bus Bike Walk Share Other

Write your own challenge:

